

# Harbour Hope International



"A haven for healing,  
anchored in hope"



# Who We Are

## Our Mission

Harbour Hope International provides hope and healing to survivors of human trafficking in our local community through holistic resources and collaborative solutions on their journey to self-sustainability. The foundation of restoration is built upon unified support, leading them to spiritual, mental, physical, and financial freedom.

## Our Vision

Harbour Hope International is committed to ending human trafficking by providing comprehensive resources and support that empower survivors on their journey to freedom.

## Our History

For nearly a decade, Harbour Hope International has transformed the lives of human trafficking survivors through trauma-informed, victim-centered, and restorative care. We provide a safe, therapeutic environment that fosters healing, empowerment, and self-sufficiency. Our tailored programs equip survivors with the tools to rebuild their lives, regain independence, and achieve long-term stability.

# Our Core Values

Our core values guide the way we approach our work with our clients, each other, and our community. These values are:

## Dignity

Every human life has worth; we uphold equity, equality, and respect.

## Advocacy

We advocate for the voiceless and pursue justice.

## Community

Healing occurs within a strong, supportive community.

## Integrity

We value honesty, responsibility, and accountability.

## Empowerment

We model the change we seek and empower survivors to rewrite their narratives.

# THE PROBLEM

The US ranks third globally for the estimated number of children exploited by prostitution every year (300,000 children)

Florida is third in the US for number of calls to the human trafficking hotline

Age 11 is the average age a child enters trafficking in the state of Florida

Only 1 in 100 victims of human trafficking ever find rescue

# Our Solution



## Awareness and Education

Through awareness events, tailored workshops, and continuous research, we equip parents, caregivers, students, and professionals with practical tools to prevent and combat trafficking.



## Survivor Care

We provide comprehensive case management and access to critical services; including housing, healthcare, employment support, court advocacy, and transportation. Sisterhood Initiative offers survivors a sense of belonging, celebration, and peer support, fostering healing and empowerment.



## Mentorship

This year-long program helps survivors rebuild trust, set personal goals, and develop healthy relationships. Mentors provide consistent support, modeling the value of meaningful connections and personal growth.



## Life Skills Coaching

We empower survivors to achieve independence through coaching on mental and emotional wellness, financial literacy, healthy nutrition and movement, and spiritual enrichment. Participants develop practical competencies while cultivating strong support systems through group and one-on-one coaching sessions.



## Leadership Development

Survivors develop leadership habits, articulate their core values, and create personal mission statements. This program provides a safe space for survivors to share their experiences and gain confidence in guiding themselves and others while being empowered to lead fulfilling lives.





# Story Spotlights

Mary's journey began with heartbreak. Placed in foster care at a young age due to her mother's struggles with addiction, Mary and her sister endured a life of instability. While her foster family provided for her on the surface, she faced subtle but painful rejection, always feeling like an outsider.

At just 19, Mary has experienced more hardship than most people endure in a lifetime. After being kicked out of her foster home for drug use, she fell into the clutches of a trafficker who preyed on her vulnerability. What started as a promise of "protection" turned into years of exploitation.

When Mary found her way to Harbour Hope, she was understandably guarded and reluctant to trust. Therapy had only brought her more pain in the past. But through compassionate care, open conversations, and consistent support, she's beginning to take the brave steps toward healing.

"I believe there's a common assumption that physical safety for trafficking survivors equates to psychological and emotional safety, but that simply isn't the case. People often underestimate the depth of healing required after trafficking. Physical freedom is just the start—in my opinion, a mere 2% of the journey. The remaining 98% involves the challenging, long-term work of reclaiming your emotional and psychological recovery."

-M.M Survivor

G.W. mentioned how she was looking forward to going out with her mentors for her birthday but was nervous because she didn't know what to expect.

"I had a great day. I have never had a birthday like this before.

We went to Olive Garden. They even got me a present. "It's a beautiful day" journal and they suggested I use it as a gratitude journal"

– G.W. survivor





**“An 85-year Harvard study following 700+ people found the #1 predictor of long-term health and happiness wasn’t diet, wealth or even genetics. It was the quality of their relationships. Community really is the ultimate medicine for the body and brain.” - Dr. Mark Hyman**

## **THE HARBOUR COMMUNITY:**

### **A Vision for Sustainable Restoration**

Harbour Hope envisions a holistic, sustainable community designed to provide safe housing and long-term rehabilitation for survivors of trafficking and their children. This community will offer a comprehensive range of services and housing options to support survivors at every stage of their recovery. The community will feature multi-family units and single-family cottages. Key facilities will include a Welcome Center for assessments and administration, a Medical Center for healthcare and counseling, and a Community Center offering childcare, education, and social gatherings. Additionally, the community will provide a playground for children, a chapel for spiritual care, a community garden for sustainable living, and a maker space for skill-building and entrepreneurship. A guarded entrance will ensure safety and security for all residents.



# Join The Mission

## Ways to Partner:



### Monthly Donor (Hope Hero)

With each contribution, monthly donors enable us to plan and execute long-term initiatives, ensuring that our message reaches far and wide and that we can continue providing vital support to survivors on their path to recovery. Scan the QR to donate.



### Volunteer

At Harbour Hope, volunteers play a vital role in walking alongside survivors on their journey of healing and restoration. Opportunities include raising community awareness, serving as a mentor, offering life skills coaching, or stepping into leadership roles within our programs. Whether you're sharing your story, your time, or your expertise, there's a place for you to make a meaningful impact. Scan the QR to join one of our volunteer teams



### Business Partner

Harbour Hope invites businesses, churches, and community organizations to partner with us in bringing restoration and hope to survivors of trafficking. Whether through financial support, in-kind donations, volunteer engagement, or awareness efforts, your partnership helps create lasting impact. Together, we can build a stronger, more compassionate community. Scan the QR to learn about partnership opportunities.



### Host Awareness Event

We inform and empower the community to recognize and respond to human trafficking situations. Through awareness events, tailored workshops, and continuous research, we equip parents, caregivers, students, professionals, and business leaders with practical tools to prevent and combat trafficking. By fostering a community that "sees something and says something," we strengthen networks of protection and prevention.

**To host an educational workshop, or for more information contact us at [info@harbourhope.org](mailto:info@harbourhope.org)**



A HAVEN FOR HEALING, ANCHORED IN HOPE.

#EndHumanTrafficking

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Harbour Hope International



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